



FIGHTER INFO....

Some Q&A from ring-side; THE GLOVES ARE OFF!

Andrew 'Red Tiger' McPhillie Fighting out of Beccles, Suffolk, has his Wife, Mother and Mother-in-Law ring-side with him this evening. Whatever happens in the bout, be it a resounding victory, an honourable draw or a heavy defeat, one of those women is going home happy. Andrew has no current plans to follow up tonight's fight.

Matt Lambert couldn't refuse the opportunity to punch Crème de la Cromer's finest Ben Haughan and to annoy Jackson for 3 months. Join him at the post-fight party @ Tau #teamlambo (Get it trending!). He's very confident that he will come first or second. For the gamblers out there, he's decided to take a dive after 15 seconds....

Peter Anderson 'this all started with bit of banter but now money is being raised for a good charity. I am confident of stinging like a butterfly and flying like a bee! After the fight I am looking to start a Ricky Hatton style drinking and eating binge into my early 40's before coming out of retirement!'

Simon Mckinna welcome to my mid-life crisis! Mine sees me stepping in the ring – seemed like a good idea at the time. With 45 people coming to watch and being sponsored by my old muckers from the Army, there is quite a lot of pressure for me to 'go at it!' We've had a blast training for this, I've never felt in better shape. Jackson is an awesome trainer, if you think you like the look of it – DO IT, you'll never regret it – win, lose or draw.

Simon 'Sensational' Sinfield Is definitely the most confident of all of the fighters, without technique, experience or substance makes his fight interesting. He feels he is blatantly going to win and has said "it will go 3 rounds but there will be an obvious victor".

Jenny de Polo felt she needed a kick up the backside for a while to get fit, this was the perfect opportunity and to let some aggression out at the same time. I would like to carry on with the boxing classes...but very much doubt I will go into the ring again after tonight!'

Chris 'C-Ro' Roberts I must have lost my mind at the time I was asked and I'm clearly not very well! We're all winners tonight, I'm looking forward to getting back on the beer and eating "normally".

Ben 'The Boy' Haughan The immeasurable force that is peer pressure got me in, and not wanting to bottle it and someone hiding the towel has kept me in! This is a one fight only career and I want to be undefeated! Having a brief glimpse of what it takes to be a boxer has pushed my respect levels through the roof, it truly is an art and I'm painting by numbers!

Shaun 'Pink Flamingo' Guymer The 40 Year Old Virgin Super Heavy Weight. Some would consider his acceptance of the challenge from a younger and fitter opponent as complete madness. Others see his aggressive attitude and 20 years training as a Chelsea fan more than enough to overcome this fight! Shaun has been totally committed to training and has lost 3 stone in 6 months. Ultimately the Pink Flamingo is here to complete the challenge win, lose or draw, have fun, annoy Jackson, raise money for a great charity and get very drunk afterwards!

David Young I'd spent the last 2 years promising my better half I would be starting a "fitness regime". This opportunity came along and it looked like the ideal motivation to get fit and reduce my expanding beer belly. The training has been tough but worthwhile

Steve Minns 'Being the oldest at 48 I'm old enough to know better, don't like getting hit, don't enjoy hitting others, therefore a 'one night' boxing career was the obvious choice! Two years ago through a combination of illness and not looking after myself I tipped the scales 18 stone. Hooking up with Jackson and a lifestyle change has shed 5 stone, three months ago I viewed myself as a 'contender'. After training has clearly evidenced this not to be the case! A big thank you (and apology) in advance, to all family and friends who have supported the event this evening.'

Holly 'The Blonde Bombshell' Lambert I only signed up for this because my brother did too. Anything he can do, I can do better and all that. I'm hoping that the crowd will be roaring my nickname on the night though. I can't wait to get in the ring – what's next for me my fans ask? Rio 2016. Move over Nicola Adams...

Paul Goulsbra 'My manager was also doing the boxing and I hoped I might get to put a few on him... happy to say that dream came true, and it's on video too! I expect tonight will flyby in a blur there will be the odd proper shot in amongst the flailing and windmilling! I'm sure I'll win, I can outrun my opponent even if I can't outbox him.

Finally I'd like to thank Jackson for training us, whenever he shows us a few moves we're all reminded just how capable he is and what utter duffers we are. I guess from the evil chuckles he makes whenever one of us really clips someone he's getting paid back in his favourite currency, pain! The worrying thing is that we now we know a little of how technical, thoughtful and exhausting boxing is we all want to do it just a little bit better... it is addictive'

SPONSORS



Tau Club and Lounge is Norwich's stunning new venue featuring a sumptuous oriental chic design. Located at the heart of City Centre nightlife, Tau boasts an atmospheric lounge bar, ideal for relaxing and socialising; a dynamic nightclub featuring a luxurious VIP lounge and the Secret Garden; A tropical oasis in the heart of the City. www.taunorwich.com/



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PROGRAMME

Tonight's order of events

- 7.45pm - Doors Open
- 8.30pm - 1st Fight
- 9.30pm - Interval including RAFFLE
- 11.00pm - Last Fight
- 11.30pm - Finish

RED CORNER

Ben Murray
Marie Cooper
Surab Satar
Ben Carver
Chris Roberts
Simon Sinfield
Lena Satar
Peter Anderson
Dave Young
Dave Allison

BLUE CORNER SPONSOR

V **Richard Imeson** Dak Billboards
V **Holly Lambert** Everstowe Betting
V **Matthew Lambert** Everstowe Betting
V **Andy McPhillie** MRM
V **Simon McKinna** Rhino
V **Shaun Guymer** TAU
V **Jenny De Polo** Mambo Jambos
V **Ben Haughan** Jane's Fish & Chip Shop
V **Steve Minns** OTW Imaging
V **Paul Goulsbra** Surrey Tavern

WITH THANKS TO TONIGHTS SPONSORS

WELCOME

**An evening of WHITE COLLAR boxing
In association with Tower Fitness, Norwich
In aid of MS Society**

An action packed evening of corporate white collar boxing for the first time in Norwich. This has been a year in the making after many discussions with different corporate individuals on the idea based around novice corporate individuals undertaking 3 months of intense training before entering the squared ring for a once in a lifetime opportunity. The conclusion was 20 individuals signed up for the challenged and after intense training it ends up in a competitive boxing match tonight.

Tower fitness under Jackson Williams tutoring has provided each boxer with the training, advice and support required for such physical and mental challenge. Tonight will provide each individual a platform to showcase their ability for a packed out audience.

Tower Fitness Gym

If you are interested in getting fit with an experienced trainer and you want that truly hands-on fitness experience then you have found the right place.

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The newly renovated Surrey Tavern pub have invested a huge amount of time and money making this one of the most inviting and comfortable pubs in Norfolk. As well as their prime location on Surrey Street, they offer a wide range of beers, wines and spirits & a varied, yet homely food menu. www.surreytravern.com



For the next white collar event please visit
jacksonwilliams.co.uk or
Email: info@jacksonwilliams.co.uk



Multiple Sclerosis affects 100,000 men, women and children across the UK. One in sixty people will receive an MS diagnosis and over 1,500 people are living with it in Norfolk alone. The devastating effects of MS are caused when the body's immune system attacks myelin, the protective sheath around nerve fibres. When myelin is damaged the messages travelling along the nerve fibres are disrupted. The symptoms of MS include fatigue, pain, difficulty walking and bladder and vision problems. MS is different for everyone and it's impossible to predict the path it will take. Currently there is no cure. The MS Society works to enable everyone affected by MS to live life to the full and secure the care and support they need until we ultimately find a cure. Our services across the UK include research into the causes and cure of MS, MS specialists, financial aid, education and training and a free helpline.

Multiple Sclerosis Society Registered charity nos. 1139257 / SC041990
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Programme £2

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